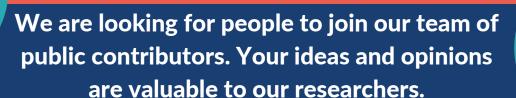
# Share your ideas and opinions about research to improve health and social care





### What do I need to do?

- Attend an online meeting once a month, for 90 minutes.
- A researcher will tell the group about their research project and will ask your thoughts and opinions of their plans.
- You do not need any specialist knowledge or qualifications.
- Public involvement is for everyone who wants to improve research.



## How can I help shape research?

- Identifying topics and questions that are important to patients, service users, carers and the public
- Helping to make information about research easier for people to understand
- Helping to share results of research in ways that are easy to understand



# How will I be supported?

Bryony will provide induction to the group and any training or support to make sure you can be fully involved. You will be reimbursed for your time at a rate of £25 per hour.



## How can I find out more?

Contact Bryony to find out more and get involved: Call 01223 534669 or email bryony.porter@cpft.nhs.uk For more information: <a href="mailto:arc-eoe.nihr.ac.uk/public-involvement">arc-eoe.nihr.ac.uk/public-involvement</a>

Bryony
Public Involvement Lead

